



# Nature Programs



## Dipnetting for Dragonflies

5yrs – Adult

Search the greening lakeshore for aquatic insects, tadpoles, crayfish, cricket frogs, and more! There's a world of wonder just beneath the water's surface. Wear mud shoes. Pre-registration required (kids must attend with paying adult). Location: Motts Run Nature Center. Instructor Doris Bryant.

**Saturday, 10:00am-11:00am**

**May 14**

**\$6/\$6 (residents/non-residents)**

## Basic Outdoor Survival

8yrs – 12yrs

Ever wondered what to do if you get lost outside overnight? We'll make an emergency kit to take home, build a stick shelter, start a fire without matches, and learn basic info that could help save your life! Pre-registration required. Instructor: Mimi Dempsey. Location: Motts Run Reservoir.

**Thursday, 4:30pm-6:00pm**

**May 19**

**\$8/\$10 (residents/non-residents)**



## Nature Art Journaling

16yrs – Adult

Join us for an unforgettable journaling workshop. Spend three hours with local artist Paula Raudenbush soaking in gorgeous spring surroundings with the woods and the lake as our back drop. No need to purchase expensive materials for this hands-on art/journaling class as Paula teaches techniques to get the most out of any outdoor field experience. Supply list provided. Dress for the weather/outdoors. Pre-registration required. Location: Motts Run Reservoir.

**Saturday, 9:00am-12noon**

**May 21**

**\$35/\$40 (residents/non-residents)**

## Stargazing in the Park

8yrs – Adult

Join astronomer Myron Wasiuta for a spectacular evening of stargazing! Discover the wonders of the universe through a computer-controlled telescope. Bring a lawn chair (optional). Pre-registration required (every age pays). Location: Motts Run Reservoir.

**Saturday, 8:00pm-10:00pm**

**September 3**

**\$6/\$6 (residents/non-residents)**

## Tyke Hike

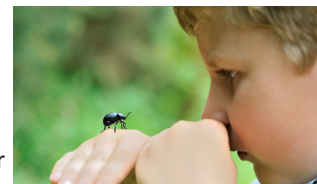
2yrs – 4yrs

Calling all itty bittys and their favorite adult to come on over to Motts Run Reservoir and take a hike in the woods. We'll practice our colors and then look for them as we walk a section of Turkey Ridge Trail. Join us for a short story, a snack, and a little surprise. Pre-registration required. Instructor: Mimi Dempsey. Location: Motts Run Reservoir.

**Monday, 9:30am-10:30am**

**May 23**

**\$5/\$6 (residents/non-residents)**



## Frog Walk

6yrs – Adult

Bullfrogs "bellowing," pickerel frogs "snoring," cricket frogs "clicking," and more, on this memorable night hike! We'll hunt down, catch, and release toads and frogs (nets provided). Bring a flashlight and wear mud shoes or boots. Pre-registration required (every age pays). Instructors: Linda Bailey & Doris Bryant. Location: Motts Run Nature Center.

**Friday, 8:30pm-9:45pm**

**May 27**

**\$6 (residents/non-residents)**

**Bug, Frog or Snake themed  
kids birthday parties at Motts Run!**

**for details contact, Mimi Dempsey at [midempsey@fredericksburgva.gov](mailto:midempsey@fredericksburgva.gov)**

## Medicinal Plant Walk

14yrs – Adult

Join herbalist Heather Bedford to learn about some of the plants that folks have been using for centuries to treat common ailments. We'll take a hike around the wetlands, home to all kinds of healing surprises. Did you know that marshmallow is used to soothe inflamed skin or that honeysuckle is used for colds and flu? Come look for these and other natural wonders. Dress for the weather and bring water. Pre-registration required. Location: Dixon Park.

**Saturday, 9:00am-10:00am**

**September 17**

**\$10/\$10 (residents/non-residents)**

## A Parent's Guide to Nature Play

Adults

Children spend about half as much time outdoors as they did 20 years ago and more than 53 hours a week using media entertainment. Children who play outside are more creative in their play, less aggressive and show better concentration. Come on over to Room 2 at Headquarters Branch of the CRRL for a FREE program. We'll share ideas for getting your kids outside and involved in hands on nature play.

Location: Headquarters, CRRL

**Tuesday, 6:30pm-7:30pm**

**September 27**

**Free**

## Nature Cell Phone Photography

10yrs – Adult

Grab your charged phone and usb cord and head on out to the lake. We will briefly talk about how to get outdoor photos that grab people's attention, quickly edit them, print them, or share them on social media. Then we'll take a hike in the woods to get some awesome pics and head back to the nature center to show off our favorites. Pre-registration required (every age pays). Instructor: Mimi Dempsey. Location: Motts Run Reservoir.

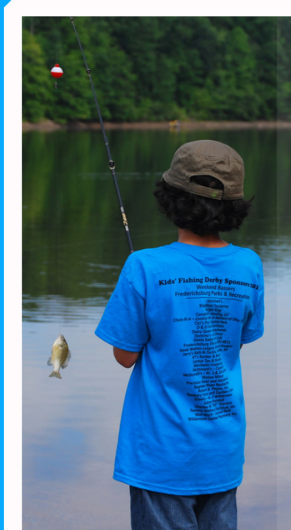
**Friday, 6:00pm-8:00pm**

**June 10**

**\$10/\$12 (residents/non-residents)**

## 2016 KIDS' FISHING DERBY

*Sponsored by Weekend Bassers and Fredericksburg Parks & Rec*



**Saturday, June 4, 2016**  
**(Rain Date: Sunday, June 5)**  
**at Motts Run Reservoir**

**Registration Begins at 7:30am**  
**Event Begins at 8:30am**  
**Ages: 4yrs-16yrs**

**VA Game Dept. 'Free Fishing Weekend' – no license required!)**

**VOLUNTEERS & SPONSORS NEEDED!**  
**Call Linda Bailey at 372-1086**

## 2016 NIGHT CATFISHING AT MOTTS RESERVOIR



**May 16<sup>th</sup> June 10<sup>th</sup> & 24<sup>th</sup>**  
**July 8<sup>th</sup> & 22<sup>nd</sup> August 12<sup>th</sup> & 26<sup>th</sup>**  
**September 9<sup>th</sup>**

**STILL 7 PM TO 1 AM!!!**

**Advanced Prices:**

**Day Of Prices:**

**Bait Prices:**



(10-16) Child: \$3  
(17+) Adult: \$5

Child: \$5  
Adult: \$8

NC,RW,MW: \$3.50  
Chicken Liver: \$3

- Private Boats will be allowed on the water **ONLY** if they meet proper VDGIF standards for night fishing.
- **ALL BOATS MUST BE OFF THE WATER BY 12:30 AM**
- Grills and picnic tables available all over the park no need to bring your own.
- **ABSOLUTELY NO ALCOHOLIC BEVERAGES ALLOWED!**
- Please clean up after yourself and remember to **NOT place flammable products in the trash.**
- Questions? Comments? Please Call Don Minor At (540)-786-8989



**Nature Programs**



## Nature Programs

### Sunset Canoe Float

6yrs – Adult

Enjoy the rising full moon and a peaceful flatwater float at sunset! We'll peek into coves, listen for the call of frogs and night insects, savor the serenity of a summer evening, and enjoy a delicious treat served afloat. No experience necessary. For adults and families (every age pays). Life jacket provided. Pre-registration required. Instructor: Linda Bailey. Location: Motts Run Reservoir.

**Monday, 8:00-9:30pm – Summer Solstice/Full Moon Float**

**June 20**

**Friday, 7:15-8:45pm – Full Moon Float**

**August 19**

**\$9/\$9 (residents/non-residents)**

### For Goodness Snakes!

5yrs – 10yrs

Did you know that snakes are not slimy and they have 200-400 vertebrae? Slither on over to the Nature Center to learn all about these reptiles. We'll meet and touch "Pocket," our lovely snake ambassador, then read a story and do a snake craft. Pre-registration required. Instructor: Mimi Dempsey. Location: Motts Run Reservoir.

**Tuesday, 5:00pm-6:00pm**

**June 28**

**\$6/\$8 (residents/non-residents)**

### Summer Campfire

5yrs – Adult

Bats flying overhead, the sun setting over calm waters, night insects calling, and embers awaiting your marshmallow s'more. Join us for songs, stories, and much more! Pre-registration required (every age pays). Instructor: Linda Bailey. Location: Motts Run Reservoir.

**Tuesday, 7:30-8:30pm**

**August 9**

**\$6/\$6 (residents/non-residents)**



### Summer Backpacking Trek – Mt. Rogers & Grayson Highlands

14yrs – Adult

Enjoy the view from the highest point in Virginia, wild ponies, loaded blueberry bushes, and a great time in the wilderness! Unplug and join our small group on this approx. 14-mile (minimum), 4-day adventure. Much easier route than 2015 -1st night at state park campground. Transportation will be by carpool. Ages 14-17 must attend with parent. Plan on attending pre-trip meeting on 7/20 (6-7:30pm) at Motts Run Nature Center to discuss gear. Planning, gas, and all trail meals included in fee. Contact lbailey@fredericksburgva.gov for information form. Pre-registration required.

**Saturday, 8:00am – Tuesday, 4:00pm**

**August 13-16**

**\$140 (residents/non-residents)**



### Pirate Hike

4yrs – 7yrs

Ahoy thar mateys, calling all scallywags to become pirates for a day, make a treasure map, hear a story and more. We might even find some buried treasure at the end of our adventure. Wear a bathing suit, water shoes and bring a towel. Pre-registration required. Parents attend at no charge. (Pirates won't be swimmin' but will be splashin' around!) Instructor: Mimi Dempsey. Location: Alum Spring Park Pavillion.

**Saturday, 10:00am-11:00am**

**August 27**

**\$8/\$8 (residents/non-residents)**

### Jump on the Trails

School Nature Programs

A variety of SOL-based, hands-on programs are available for school and scout groups.

### Trailkeepers

Our nearly 5-miles of hiking trails at Motts Run Reservoir need a little TLC. You can enjoy the rewards of becoming a "Trailkeeper" by taking on a section for periodic upkeep! No experience required.

Interested in either of these? Contact Linda Bailey at lbailey@fredericksburgva.gov or (540)372-1086 x213.

### Don't forget about our Wegman's Passport Program!

Read more about it on the VisitFred Blog <http://www.visitfred.com/blog/hit-trails-fredericksburg-region-fall> and pick up your materials here at the Dorothy Hart Community Center.